



**CONTRAINDICATIONS for SPIROMETRY TESTING:**

Recent MI (1 month)  
Recent stroke, eye surgery, thoracic/abdominal surgery  
Hemoptysis  
Known thoracic, aortic or cerebral aneurysm  
Recent pneumothorax  
Uncontrolled hypertension  
Pulmonary Embolism

**Other Conditions where suboptimal results are likely:**

Chest or abdominal pain of any cause  
Oral or facial pain exacerbated by a mouthpiece  
Stress incontinence  
Dementia or confusional state